

How to find us

White Hart Lane, Tottenham, London N17 7LT

Bus Routes W3 – stops right outside the Nursery on White Hart Lane 217, 231, 318, 144, 444 – stops on the Great Cambridge Road (just around the corner).

Car Parking

Please note we have a very small staff car park and there is no parking available for visitors.

In the immediate area there is a Controlled Parking Zone (CPZ) operating from 8.00am to 6.30pm please take care and read the signs if you are in a restricted area and you do not have a Resident Parking Permit otherwise you may get a parking ticket.

How to contact us

Tel:020 8808 6089

Email:admin@rowlandhill.haringey.sch.uk

Rowland Hill Nursery School & Children's Centre





Rowland Hill is an inclusive, supportive
Nursery School and Children's Centre in which
all children and their families can make
positive relationships, learn together, grow in
confidence & self respect and be happy.







Monday

Rhythm and Rhyme at Coombes Croft Library

4 Tottenham High Rd, London N17 8AG

10.30-11.30

This session is for children aged under 5 years old. Participate in sharing favourite stories, rhymes and songs which you can enjoy together with your child.



Baby Stay and Play

2.00-3.30pm

Fun session for children
0-12 months, messy play
and sensory
Activities



<u>Tuesday</u>



North Middlesex University Hospital NHS Trust

Midwifery Appointments

North Middlesex Hospital

By appointment only

HENRY

9.30-12.00

8 week course
HENRY's Healthy Families
group programme offers
parents the chance to
share ideas and gain new
skills to address lifestyle
issues in a supportive and
fun environment.

Please note a referral is needed for this group.



If you need support and advice about routes into employment, volunteering or training. Please contact our Learning Volunteer Coordinator Myllia on 020 8808 6089

Wednesday

Baby Wonder &

Baby Massage

10.15-11.45am

New parents group babies 0-6 months (by invitation only)

Felix Food Support

11.30-12.30

Food bank for families with under 5's.







Crawlers, Walkers & Talkers with Chickenshed 1.30–3.00

This session is for children aged 08-20 months, come along and give your child opportunities to meet others and engage in a range of play activities.

Baby Weighing
1st and 3rd Wednesday of
each month
Call the Laurels to book
020 3224 4207

Whittington Health **MHS**

Thursday

Stay and Play

10.00-11.30am

This session is for children aged under 5 years old

Fun session for children Including, story telling messy play and a range of fun activities.

The Laurels Health Visiting Team

1 and 2 year old Developmental Checks By appointment only.

Whittington Health **NHS**



Baby Bank 1.00-2.00pm •



Support for babies under 2 years with essential items, for families in need. By appointment only

Friday

NHS

North Middlesex University Hospital NHS Trust

Midwifery Appointments

North Middlesex Hospital By appointment only

Intergenerational

Gardening Group with
Natural Thinkers

10.00 -11.30



Come and join members from the local community, grow and harvest, seed share and join in with a range of experiences



- Please see our website for parent workshops
- ESOL classes also run on Wednesdays
- Art, Craft and Wellbeing for Parents classes will start in June 2024—if your interested please call and speak to one of the children centre team.